

Maryland Diabetes Prevention e-Link

your connection to diabetes resources and tools

August 2013



Welcome to the First Diabetes e-Link!

Resources and Tools

[State Diabetes Initiatives](#)
[ADAs Self-Management Tools](#)
[ChopChop Maryland](#)
[NDEP: Diabetes Health Sense](#)
[NHLBI: Interactive Menu Planner](#)

Locally Recognized Diabetes Prevention Programs

[Baltimore City](#)
[Caroline County](#)
[Charles County](#)
[Deer's Head Hospital](#)
[Kent County](#)
[MedStar St. Marys](#)
[Montgomery County](#)
[Wicomico County](#)
[Worcester County](#)

The Maryland Diabetes Prevention e-Link is a part of the Maryland Diabetes Prevention and Control Program (DPCP). The Maryland DPCP works through a model of influence with other organizations and professionals to prevent and control diabetes and its risk factors throughout the state.

Diabetes Prevention in Your Neighborhood

October, 5, 2013- Baltimore, MD

Step Out is the signature fundraising walk of the American Diabetes Association. The event has been taking place for more than 20 years and has raised more than \$175,000,000 to Stop Diabetes!

[Step Out: Walk to Stop Diabetes](#)

[Somerset County](#)

**Find an Accredited
Diabetes Educator
in Your Area**

[AADE Educators](#)

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October 13, 2013- Frederick, MD

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[Step Out: Walk to Stop Diabetes](#)

Please Share Your Events With Us!

ChopChop Featured Recipe of the Month

Tomato Salad with Basil and Feta Cheese

4 large red tomatoes, cored and diced

¼ cup crumbled feta cheese

2 tablespoons chopped fresh basil leaves

1 tablespoon olive oil

¼ teaspoon salt

Featured Articles and Webinars

The Food and Drug Administration is warning patients with diabetes about a recall of up to 62 million glucose test strips used to measure blood sugar levels that can show incorrect, abnormally high blood sugar readings.

[FDA warns of massive diabetes test strip recall](#)

Through careful control, many problems such as eye disease, kidney disease, heart disease, nerve damage and serious foot problems can be prevented or slowed.

[Take Charge of Your Diabetes](#)

Recent reports demonstrate an incredibly worrisome finding, specifically that there is an increased frequency of type 2 diabetes in youth.

The Changing face of the Type 2 Diabetes Epidemic

Accessing specialty care in federally qualified health centers.

Clinical-Community Collaborations

The National Diabetes Education Program leadership will give an update on the new strategic plan on August 16, 2013.

National Diabetes Education Program Strategic Plan

Click on the Following Links for More Information

The National Diabetes Prevention Program is a public-private partnership of community organizations, private insurers, employers, health care organizations, and government agencies.

National Diabetes Prevention Program

The National Diabetes Education Program is a partnership between the National Institute of Health, the Center for Disease Control and Prevention, and more than 200 public and private organizations.

National Diabetes Education Program

The Diabetes Training and Technical Assistance Center (DTTAC) is dedicated to assisting organizations in developing and growing highly effective diabetes prevention and control programs. Whether your organization is national, state or community-based, DTTAC can work with you to address your needs.

Diabetes Training and Technical Assistance Center

The Center for Disease Control and Prevention provides diabetes data and trends throughout the United States. See where your state and county measure with others.

Diabetes Interactive Atlas

Diabetes Prevention and Control Program

Center for Chronic Disease Prevention and Control

Prevention and Health Promotion Administration

Department of Health and Mental Hygiene

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